



## Exam Topics in Paper Two – Options Topics

### Abnormal Psychology

Topics	Content
<b>Factors Influencing Diagnosis</b>	• Normality versus abnormality
	• Classification systems
	• The role of clinical biases in diagnosis
	• Validity and reliability of diagnosis
<b>Etiology of Abnormal Psychology</b>	• Explanations for disorders
	• Prevalence rates and disorders
<b>Treatment of Disorders</b>	• Biological treatments
	• Psychological treatments
	• The role of culture in treatment
	• Assessing the effectiveness of treatment(s)

### Human Relationships

Topics	Content
<b>Personal Relationships</b>	• Formation of personal relationships
	• Role of communication
	• Explanations for why relationships change or end
<b>Group Dynamics</b>	• Co-operation and competition
	• Prejudice and discrimination
	• Origins of conflict and conflict resolution
<b>Social Responsibility</b>	• Bystanderism
	• Prosocial behaviour
	• Promoting prosocial behaviour

### Developmental Psychology

Topics	Content
<b>Influences on cognitive and social development</b>	• Roles of peers and play
	• Childhood trauma and resilience*
	• Poverty/socioeconomic status
<b>Developing an identity</b>	• Attachment
	• Gender identity and social roles*
	• Development of empathy and theory of mind
<b>Developing as a learner</b>	• Cognitive development
	• Brain development

### Health Psychology

Topics	Content
<b>Determinants of health</b>	• Biopsychosocial model of health and well-being
	• Dispositional factors and health beliefs*
	• Risk and protective factors
<b>Health problems</b>	• Explanations of health problems(s)
	• Prevalence rates of health problem(s)
<b>Promoting health</b>	• Health promotion
	• Effectiveness of health promotion programmes

There will be one question based on each topic, 3 questions per option. Questions might also be asked about research methods or ethical considerations related to topics.

\*These terms may be separated and asked individually in exam questions. Therefore, treat them as separate topics.